



Today
sunny
44°/36°



Friday
sunny
53°/37°



Saturday
cloudy
51°/37°



Sunday
rain
56°/44°

EDITORS Elizabeth Baugh & Megan Reichart **EMAIL** breezecopy@gmail.com

Thursday, March 31, 2011

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The Breeze

Serving James Madison University Since 1922

61 Anthony-Seeger Hall, MSC 6805
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MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

Published Monday and Thursday mornings, The Breeze is distributed throughout James Madison University and the local Harrisonburg community. Comments and complaints should be addressed to Katie Thisdell, editor.

Individual copies of The Breeze are free, but multiple copies can be purchased at The Breeze office.

EDITOR-IN-CHIEF

KATIE THISDELL

breezeeditor@gmail.com

NEWS DESK

breezenews@gmail.com

LIFE DESK

breezearts@gmail.com

SPORTS DESK

breezesports@gmail.com

OPINION DESK

breezeopinion@gmail.com

COPY DESK

breezecopy@gmail.com

PHOTO/GRAPHICS

breezephoto@gmail.com

breezegraphics@gmail.com

VIDEO

breezevideo1@gmail.com

ADVERTISING DEPARTMENT

540-568-6127

thebreezeads@gmail.com

ADS MANAGER

Nicole Ort

ASST. ADS MANAGER

Cliff Stanley

ADS CREATIVE DIRECTOR

Amy Morgan

ASST. ADS CREATIVE DIRECTOR

Michelle Hanson

AD EXECUTIVES

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MARKETING & CIRCULATION

COORDINATOR

Destine' Windon

AD DESIGNERS

Sarah Elliot

Evan Floyd

Anthony Frederick

Susie McCarthy

VIDEO AD DESIGNER

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horoscopes



IF YOU WERE BORN TODAY:

Born today, you insist on being heard when you speak, and fortunately you have the kind of character and delivery that command attention -- and, also, you are never one to speak just to hear yourself talk; there is always something substantive about your communication, whether to only one individual or to a large audience. You understand that there is always something more to learn.



ARIES

(March 21-April 19)

Address issues one at a time, and you'll be able to keep them all straight in your mind.



TAURUS

(April 20-May 20)

An early start yields early results. Take the time to let your efforts evolve and become more efficient, too.



GEMINI

(May 21-June 20)

You'll want to surround yourself with those who can provide you with some extra strength and support.



CANCER

(June 21-July 22)

You don't want to finish the day racing against the clock; pace yourself, and make an efficient plan.



LEO

(July 23-Aug. 22)

Don't let any long-standing resentments bubble to the surface unexpectedly, or a serious conflict may result.



VIRGO

(Aug. 23-Sept. 22)

You may come up with a good way to explain the need for quick decisions without making anyone feel backed into a corner.



LIBRA

(Sept. 23-Oct. 22)

You mustn't assume others share your eccentricities simply because they tolerate them.



SCORPIO

(Oct. 23-Nov. 21)

You have news to tell, but you'll want to wait for the right time. You don't want to cause any needless disruptions.



SAGITTARIUS

(Nov. 22-Dec. 21)

You are more aware of your own needs at this time than usual, but this doesn't mean that you can satisfy them all in one fell swoop.



CAPRICORN

(Dec. 22-Jan. 19)

The moment someone tells you that what is required is easy, be on guard. Chances are, he or she is underestimating the situation.



AQUARIUS

(Jan. 20-Feb. 18)

Quality control is on your mind right now, but you won't be able to give others the assurances that you will in a day or two.



PISCES

(Feb. 19-March 20)

You may be struggling with a certain ambivalence at this time. What it really comes down to is this: What do you really want?

POLICE LOG

Larceny

- On March 29, a student reported theft of laptop, valued at \$1,000 from ISAT.
- On March 28, a student reported the theft of an iPod, valued at \$300, from Hillside Hall.
- On March 29, an employee reported the theft of a parking sign, valued at \$200, from Greek Row.
- On March 27, a student reported the theft of

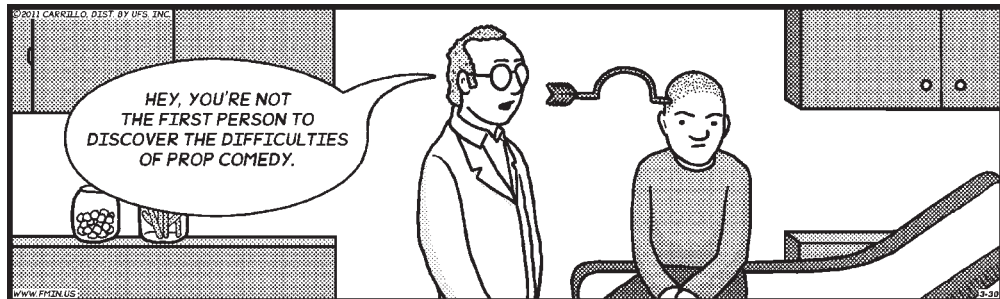
\$120 in cash, from dorm room.

- On March 23, a student reported the theft of a total of \$80 cash from three dorm rooms in Spotswood Hall.
- On March 24, an employee reported the theft of a parking sign, valued at \$75.
- On March 29, a student reported the theft of jacket and JACard left unattended at PC Dukes.

Alcohol and Drugs

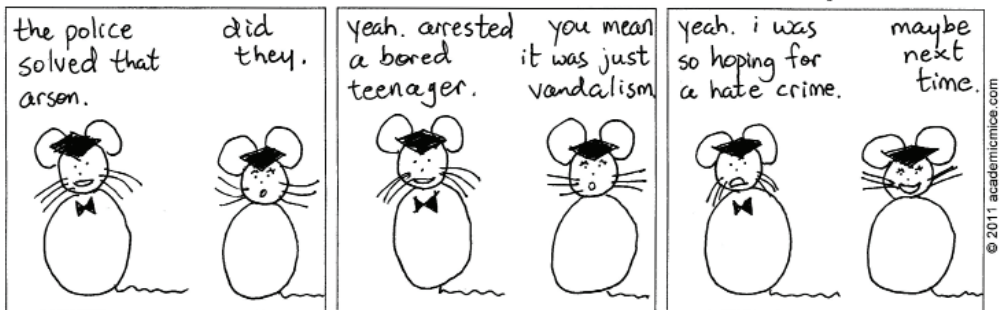
- On March 26, a student was charged with possession of marijuana on Ikenberry Service Drive.
- On March 24, a student was charged with underage possession in the Wayland Hall area.
- On March 27, a student was charged with drunk in public at the Godwin bus stop.

F MINUS



academic mice

by bill wood



CORRECTION

- In the March 28 issue, the article titled "More than 300 and counting" incorrectly stated that Madison Jump members were called "mentors." The organization calls themselves "links."

NATION&WORLD

Google settles privacy charges

By SARA FORDEN AND BRIAN WOMACK
Bloomberg News

WASHINGTON — Google has agreed to settle Federal Trade Commission claims that it used deceptive tactics and violated its own privacy policies when it introduced the Buzz social-networking service last year.

The proposed settlement bars Google from future privacy misrepresentations, obliges the company to follow policies that protect consumer data in new products and requires periodic reviews to ensure the policies are followed, the FTC said in a statement Wednesday. The order covers future situations such as Google's collection of Wi-Fi data, FTC deputy director Jessica Rich said on a conference call.

"When companies make

privacy pledges, they need to honor them," Jon Leibowitz, the commission's chairman, said in the statement. "This is a tough settlement that ensures that Google will honor its commitments to consumers and build strong privacy protections into all of its operations."

Google is grappling with increased government scrutiny from regulators around the world who say it doesn't do enough to safeguard users' information. They also say the company may use its dominance of Web search to thwart competition. The proposed settlement, which doesn't call for a fine, will be in effect for 20 years, the FTC said.

The charges stem from a Feb. 16, 2010, complaint filed by the Electronic Privacy Information Center, a Washington-based advocacy group. The center asked the FTC to investigate whether consumers were harmed when users of Google's Gmail service found private email contact information

automatically displayed to other users when they enrolled in Buzz. Ten lawmakers sent a letter to the FTC on March 25, 2010, urging the commission to carefully look into the group's complaint.

"The FTC action is far-reaching," the center's Executive Director Marc Rotenberg said by email. "This is the most significant privacy decision by the commission to date. For Internet users, it should lead to higher privacy standards and better protection for personal data."

Google said that as a result of the FTC order it will agree to an independent review of privacy procedures every two years and will ask users to give "affirmative consent before we change how we share their personal information."

"We don't always get everything right," Google said in an blog posting today. "The launch of Google Buzz fell short of our usual standards for transparency and user control," the company said.

Colin Gillis, an analyst at BGC Partners in New York said Google wants to avoid the regulatory issues that affected Microsoft

and slowed down that company's ability to be innovative.

"They have government issues across the world," Gillis said. "Their non-operational risks continue to build and they need to start to reduce these."

Warnings against social media

By HAYLEY TSUKAYAMA
The Washington Post

WASHINGTON — The American Academy of Pediatrics said parents should talk to their children about the emotional problems that can come with social media use. In a report, the AAP advised doctors and parents to ask teens and tweens regular questions about it.

Concerns about sexting, cyber-bullying and "Facebook depression" — which the report defines as "depression that develops when preteens and teens spend a great deal of time on social-media sites such as Facebook" — are on the rise as adults face the challenges

of bringing up children in an increasingly connected world.

Teens who use Facebook may feel pressured to be popular online as well as at school. Those already at risk for depression may feel they don't measure up to the happy images and posts that dominate social media sites. Cyber-bullying may further aggravate these feelings. Facebook recently put anti-bullying measures in place on its site to allow users to report the bullying to people they trust.

Gwenn O'Keeffe, a Boston area pediatrician and lead author of the AAP's new social-media guidelines, said parents and doctors are behind the curve when it comes to teaching kids how to use these sites. She told Time that this generation "emerged online before we taught them the dangers of being online."

According to the Pew Research Center, 73 percent of teenagers use social media sites.

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IN BRIEF

HARRISONBURG

Police continue to investigate attempted robbery

Harrisonburg Police Department is investigating an attempted robbery at the Walmart on Burgess Road on March 28 at 7:30 p.m. While inside the store, a woman reported she was followed by an unknown Hispanic man. When she exited and began walking to her vehicle, the man demanded to have her keys, police said. No injuries were reported and nothing was stolen. Call crime solvers at 540-574-5050 with any additional information.

SPORTS

Football player dismissed from team

Junior safety Jonathan Chad Williams, 22, was dismissed from the JMU football team as of Wednesday morning, according to Assistant Athletics Director John Martin.

Coach Mickey Matthews informed Martin of the dismissal for unspecified reasons Tuesday after practice, according to Martin.

In December, Williams stood trial for felony malicious wounding by mob by a grand jury in Rockingham District Court.

Williams will appear along with football players Anthony I. Rose, 18, Peter O. Rose, 20, and Jonathan L. Rose, 22, in Circuit Court on April 7 for his felony charge. All three Rose brothers are charged with felony malicious wounding by mob.

Williams was arrested Dec. 4 and the three Rose brothers were arrested Dec. 3 for alleged involvement in a Nov. 15 assault in Hunters Ridge.

— staff reports

ALCOHOL

OUT OF BREATH

Local attorney encourages students to be wary of breath tests for alcohol, suggests machine inaccuracy

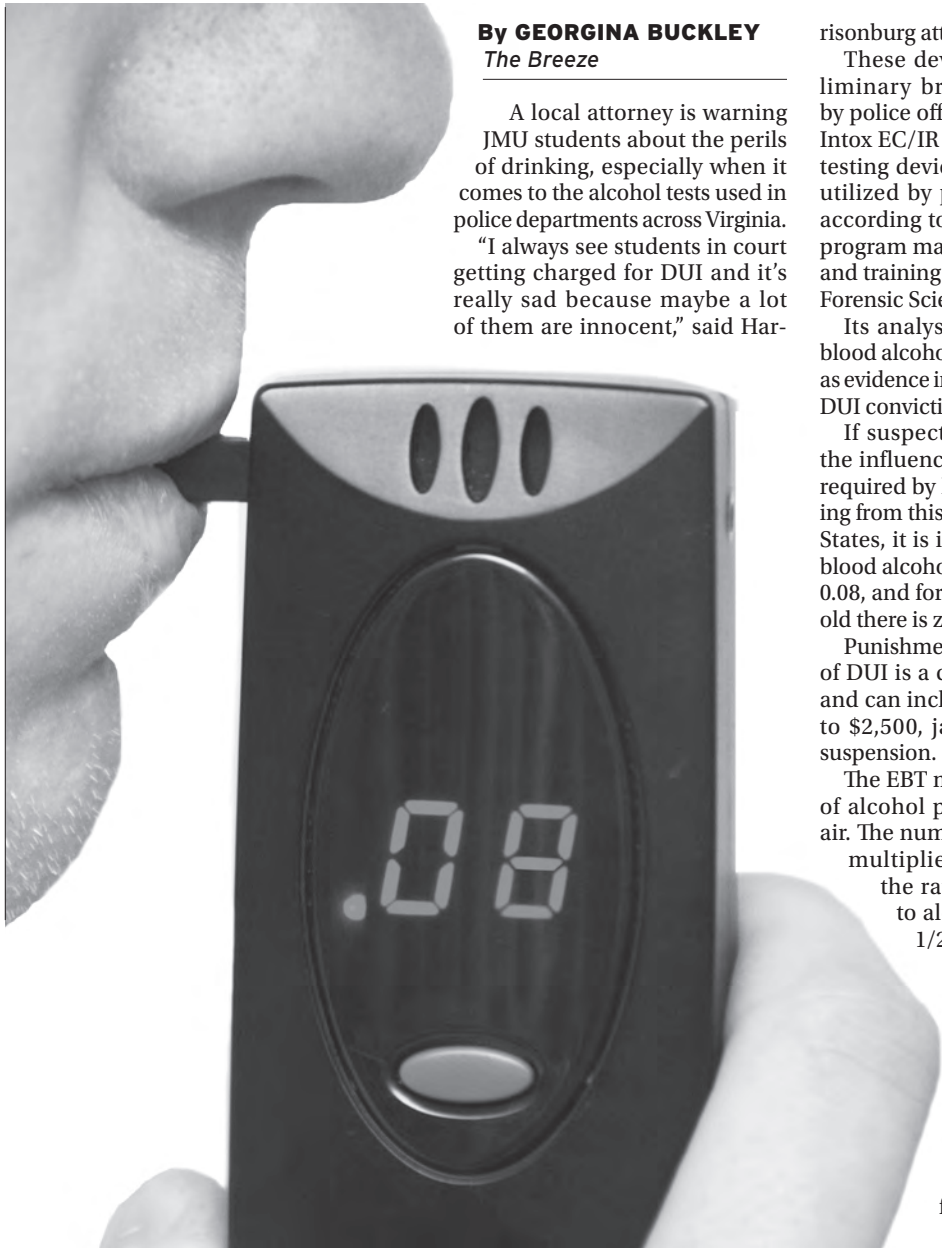


PHOTO ILLUSTRATION BY RYAN FREELAND / THE BREEZE

By **GEORGINA BUCKLEY**
The Breeze

A local attorney is warning JMU students about the perils of drinking, especially when it comes to the alcohol tests used in police departments across Virginia.

"I always see students in court getting charged for DUI and it's really sad because maybe a lot of them are innocent," said Har-

risonburg attorney Bob Keefer.

These devices aren't the preliminary breathalyzers carried by police officers in the field. The Intox EC/IR II evidentiary breath testing device, or EBT, is heavily utilized by police departments, according to Alka Lohmann, the program manager for calibration and training at the Department of Forensic Science.

Its analysis of an individual's blood alcohol content can be used as evidence in court, specifically for DUI convictions.

If suspected of driving under the influence, all individuals are required by law to submit to testing from this device. In the United States, it is illegal to drive with a blood alcohol content higher than 0.08, and for those under 21 years old there is zero tolerance.

Punishment for those convicted of DUI is a class 1 misdemeanor and can include hefty fines of up to \$2,500, jail time and license suspension.

The EBT measures the amount of alcohol present in deep lung air. The number obtained is then multiplied by 2,100 because the ratio for deep lung air to alcohol in the blood is 1/2,100.

In a February press release, Keefer said that the EBTs provide falsely high readings of more than 0.50.

This line of defense hasn't often been used successfully in court. Another

Harrisonburg attorney, John Hart, said it's difficult to throw out EBT results.

"It's rare, I can't name a specific case, but you can throw out EBT results based on machine error," Hart said. "It's very tough; you have to prove it."

"I always see students in court getting charged for DUI and it's really sad because maybe a lot of them are innocent."

Bob Keefer
Harrisonburg attorney

Keefer discovered the allegedly false readings through communication with other lawyers and reports on the EBTs used by the Harrisonburg Police Department.

"The first case I heard of was posted on a listserv online. A person in Fairfax blew into the machine and got a wrong number," Keefer said. "They have six of them in Fairfax and when they put people on different machines they blew different numbers. Harrisonburg only has one of these machines."

Using the Freedom of Information Act, Keefer asked the Department of Forensic Science — which tests and regulates the use of EBTs — for a 45-page document regarding all individuals whose

see **TESTS**, page 4

INTERNATIONAL PROGRAMS

Popular summer classes launch students abroad

By **NATALIE DOHNER**
The Breeze

For many students, summer school means more than just sitting in a steamy classroom with seemingly endless lectures.

While some will have adventures closer to JMU, almost 800 students are enrolled in about 50 summer programs through the Office of International Programs, according to Lee Sternberger, executive director of oIP and associate provost of Academic Affairs.

Many class offerings over the summer allow students who take summer classes in Harrisonburg the opportunity to have a more hands-on and interactive learning experience, such as studying abroad and other local, non-study abroad-related courses.

This year, a summer trip to Ireland tops the list with a combined 35 students traveling abroad, said Donna Sharp, a study abroad adviser. The trip to Malta is also popular with 32 students traveling there.

Sternberger said they've seen increased student interest in trips to

Ghana, Kenya and Ireland, as well as Malta, Turkey and Greece. These trips have been offered in past years, but seven students will be taking advantage of a new trip to Cameroon, where they will study biological and human dimensions of wildlife conservation this summer.

"When students talk about their trips abroad, they say how it changed their lives," Sternberger said. "Living in a new place and seeing a new culture is a powerful experience."

Junior Jessica Vara is traveling to Greece this summer in a study abroad program. Having traveled to Turkey for leisure before, Vara is eager to immerse herself in the rich, scenic beauty of Greece.

"Along with the interest in the classes that are being offered, Greece appears to have the same Mediterranean lifestyle that I am so envious of," said Vara, a philosophy and religion double major, said in an email.

Vara will take two courses, but is most excited about exploring the history of the country.

"The ancient history of Athens is

so influential, even in our lives today; so seeing that first hand should be incredible," Vara said. "I think the lessons that can arise from spending a month outside of your cultural comfort zone stretch beyond the scope of mere academia."

OIP is looking to offer more study abroad programs in the upcoming years, such as trips to India, as well as adding trips to central South America.

"I have seen nothing but growth in interest from both students and faculty," Sternberger said. "If the past is any predictor of the future, we will continue to make the program as accessible as possible."

Sternberger said there are many benefits of studying abroad.

"When they come back, they take that fresh perspective and share it with their classmates," she said.

While some students choose to study abroad during the summer semester, others choose domestic programs that have specific travels throughout the United States.

Classes offered range from standard courses available during the school year

to more atypical options. Students can register for HM 419: Napa and Sonoma Wine and Culture that journeys to Napa Valley for wine tasting and exploration of the region's culture.

Students must be at least 21 years old to enroll in the four-week course. The trip to wine country takes place from May 8-17, followed by three weeks of

"I think the lessons that can arise from spending a month outside of your cultural comfort zone stretch beyond the scope of mere academia."

Jessica Vara
junior philosophy and religion double major

class taught by Michael O'Fallon.

Another popular course that has been offered since 1999 is HIST 403: Workshop in Civil War Virginia.

Professor Philip Dillard, who teaches

the class, said the four-week program spends two days a week in the classroom and the other two days on Civil War battlefield sites in Virginia. However, trips are also made to Pennsylvania and Maryland.

"This is not like many other history courses," Dillard said. "We attract both history majors and those students who have an interest in the Civil War"

Dillard said he will take a class size of 14 to 15 students to each battlefield, as well as former JMU students and guest speakers.

"I have brought in people to talk about women in the Civil War and daily life as a soldier," Dillard said. "I mainly bring them to add another voice to the class to maintain class interest and focus."

First on the list of destinations is Manassas, Va., followed by ventures to Richmond's Monument Avenue, the battlefield at Petersburg, Va. and Cold Harbor in Hanover County, Va.

"The big thing is putting students where people in the past have stood so that they can see what they saw and

see **SUMMER**, page 4



Documentary redefines 'healthy'

On Tuesday night, University Health Center's Student Wellness and Outreach sponsored a free screening of the documentary "America the Beautiful: Health for Sale" in Grafton-Stovall Theatre.

Darryl Roberts, the film's director, writer and producer, answered attendees' questions after the documentary was shown

The film analyzed celebrity worship and plastic surgery, as well as media's role in creating expectations. The film suggested that body mass index is not an appropriate measure to determine how healthy a person is and that it does not take into account an individual's diet and exercise routines.

The filmmakers interviewed authors and psychologists to redefine what it means to be "healthy."

The film is a sequel to "America the Beautiful," a documentary released in 2008 to comment on America's obsession with body image and appearance.

LAURA WEEKS / CONTRIBUTING PHOTOGRAPHER

LEGAL

Tech faces fines for slow response to 2007 shooting

Department of Education charges university \$55,000 for violating federal Clery Act

The United States Department of Education fined Virginia Tech \$55,000 in response to the shootings on April 17, 2007, that killed 32 people. Virginia Tech said it will appeal the fine, according to *The Washington Post*.

The Department of Education said that Va. Tech's actions were in violation of the Clery Act, which requires colleges and universities to report information about on-campus crime and security policies.

The fine was levied on Va. Tech for failure to notify students of the shooting in a timely manner and failure to follow a timely warning policy.

The Clery Act states "each institution participating in any program under this title shall make timely

reports to the campus community on crimes considered to be a threat to other students and employees."

Va. Tech administrators contested in *The Washington Post* that the "timely" requirements were too vague to result in a fine.

Seung-Hui Cho, had shot and killed two people in the West Ambler Johnston residence hall that morning and 30 in Norris Hall, an academic building.

Virginia Tech didn't send out an email notifying students of the first shooting for more than two hours. Cho had already started his shooting spree by the time the email was sent.

— staff reports

BLOCK PARTY | President sends email warning to students

from front

“Organizing an event without management’s approval is strictly prohibited and will not be tolerated.”

President Linwood Rose also sent an email to students on Tuesday evening, urging them not to attend the event.

“Open parties promoted through social media are rarely a good idea and I encourage you not to attend such events,” Rose said in the email. “Such events reflect poorly on the university and demonstrate little regard for our neighbors.”

To stay safe, Vass recommended students should not consume alcohol if they’re less than 21 years old and instead, stay with friends and follow all laws and call police immediately to report a crime.

JMU Police will assist HPD by providing extra officers and command personnel off campus until the end of the school year, according to JMU Police Chief Lee Shifflett.

“We’re taking the same approach we did in the first three weeks,” said Shifflett, referring to the increased patrols as part of JMU’s focus on changing the alcohol culture. “We’ll assist HPD by providing extra resources off campus.”

Shifflett said the same rules will apply to the Wiz Khalifa

concert in JMU’s Convocation Center on Saturday night.

“If they come in the building intoxicated, they’ll be arrested,” Shifflett said. “It’s the same as at any concert. We have a zero tolerance policy.”

“We don’t want to have people in the streets. We just want to be a family and pre-game. We just want to out and have fun.”

Drew Carey
Facebook event creator

Mitch Ramey, University Program Board public relations director, said officers from HPD and Rockingham County Police Department will be present at the event, as well as a K-9 unit. He said there will be no undercover police officers.

As with all events hosted by UPB, the concert will also have its own security.

“We always try to deal with it on a student level,” said Ramey, a senior.

The block party was originally supposed to be held on Chase Court in Sunchase

Apartments, but was moved after Sunchase’s management office sent an email to residents and made HPD aware of it.

“As much as we want all of our residents to enjoy their living experience here and think of Sunchase as their home, we have to consider everyone’s safety and it is for that reason block parties are not permitted,” the email said.

Sophomore statistics major Keith Zirkle said he was originally concerned because he signed a lease with Sunchase Apartments for next year. He’s glad the party is no longer taking place at Sunchase.

“I do not want to be living at a place that’s known for block parties,” Zirkle said. “I’m fine with the idea of block parties, but I don’t want to be associated with it personally.”

He doesn’t plan to attend and hopes students have learned a lesson from last April.

“I’m crossing my fingers that our student body has enough self-respect to not go overboard,” Zirkle said.

HPD has also asked anyone with information about a party that could get out of hand to call HPD’s anonymous tip line at 540-574-5050.

CONTACT Aaron Koepper and Kaleigh Somers at breezejmu@gmail.com.

TESTS | Cases reveal incorrect readings, attorney says

from page 3

readings were more than 0.50.

“The only reason they didn’t want to give it to me is because they didn’t want me to see it,” Keefer said. “There goes transparency in the government.”

An individual is considered near death and in need of immediate medical attention at a BAC level of 0.50, according to the Breath Test Operator Instructional Manual released by the Department of Forensic Science.

The EBT has a testing range of 0.0 to 0.50 and doesn’t give numerical readings past 0.50. Instead it gives a message that medical attention must immediately be sought and that the result is over range.

However, Lohmann said the documents are specifically exempt from FOIA as they relate to criminal investigation of the DUI charges

The Virginia Administrative Code requires breath test devices to be tested for accuracy at least once every six months. The machines are certified for accuracy at least once every three months, Lohmann said.

“I am 100 percent confident because of all the safety checks that, by the time we get to a subject’s BAC, that instrument is functioning properly,” Lohmann said. “At the time of the breath test, another known standard is introduced to make sure it is testing properly. If any checks are unsuccessful, the test is immediately aborted.”

Keefer claims to have reports of only two instances from EBTs used in Harrisonburg where individuals have been falsely reported at the 0.50 level or have received an over range message.

“I am 100 percent confident because of all the safety checks that, by the time we get to a subject’s BAC, that instrument is functioning properly..”

Alka Lohmann
Department of Forensic Science

“At the end of July last year, a man came in and blew at a 0.50 and then 30 minutes later he was a 0.14,” Keefer said. “Then in December, the same thing happened with a different man and he was taken to the hospital and had a blood test result of 0.15. If it messed up the first time, how can we trust the later answer?”

The Department of Forensic Science also states in its manual that a subject must take two breath samples, two minutes apart and it must have a minimum 0.02 sample agreement. If the agreement isn’t met with an additional sample, then the result will be that sample parameters are invalidated.

This line of defense hasn’t often

been used successfully in court.

Lohmann offered another view for why a device might read a BAC as over range or abnormally high.

“I wouldn’t say it was the machine,” Lohmann said. “If somebody burps while they’re blowing then that would create an abnormally high BAC level on over range sample. Operators are trained to recognize when this is happening.”

Additionally, the manual states that the BAC number can be shown to be abnormally high due to residual mouth alcohol from burping, vomiting or recent drinking.

But Keefer believes that the operators sometimes do not recognize the situation.

“They watch to see if you burp or belch, but they’re not going to pick up on something like acid reflux, which could raise the number,” Keefer said. “They have limited education on the machine.”

Currently Keefer is working on a case with a client who is diabetic and has had his knees replaced. His client blew a 0.15, but Keefer claims that EBTs can’t tell the difference between ethanol alcohol, which is in alcoholic beverages, and isopropyl alcohol, which is produced in the bodies of diabetics.

“This isn’t operator error, it’s machine error,” Keefer said.

CONTACT Georgina Buckley at bucklege@dukes.jmu.edu.

SUMMER | Civil War class to facilitate hands-on learning

from page 3

respond in the same situations,” Dillard said.

Dillard hopes his students will expand their knowledge and appreciation for the Civil War by taking his class.

“We focus on the challenges faced by soldiers and civilians during the war and gain a greater appreciation for the African-American slaves as well as those who were free,” Dillard said.

He believes the hands-on nature of his course is crucial

for student’s learning.

“Students get to stand where decisions were made and that makes the experience richer than simply looking in a textbook,” Dillard said.

CONTACT Natalie Dohner at dohnernr@dukes.jmu.edu.



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SGA | VPSA position only 11 years old

from front

SGA also proposed a constitutional amendment for the official establishment of one vice presidential position. After former vice president of Student Affairs Brock Wallace’s resignation in the fall, SGA held a trial period to test the concept of only one vice president on the executive board.

Reese said the VPSA position is necessary and important.

However, he said the vice president of Academic Affairs position is unnecessary because its responsibility is working with

the University Planning Advisory Council.

The amendment is now in the hands of the Committee of Internal Affairs and will be voted on in two weeks.

For now, SGA is acting as if the position no longer exists. It is not listed for the upcoming elections.

The VPSA position was created during the 1999-2000 academic calendar year as a new executive board position. It evolved from the previous position of director of class government, according to Reese.

A mandatory meeting will be held for all candidates on April 5

at 8:30 p.m. Elections for executive council positions will be held on April 13 and 14 and for all other positions on April 20 and 21.

The Breeze will be sponsoring an SGA debate on April 11 at 8 p.m. in Festival.

Also during the meeting, Destination Imagination, a creative and critical thinking club, received \$2,600 for four members to represent JMU at the annual Destination Imagination Global Competition from May 25-28 in Knoxville, Tenn.

CONTACT Kaleigh Somers at somerske@dukes.jmu.edu.

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While old editors say farewell,
their 'wisdom' will linger on ...

GRAPHIC BY JENA THIELGES / THE BREEZE

After four years, time to break up

What a year it has been. After working through an entire box of colored pens, drinking way too many Diet Cokes and having more emails than I ever expected, it's over.

And what four years it has been. *The Breeze* has been one of the most important — and most time consuming — parts of my experience at JMU since I walked into the newsroom on Day One. When news was happening but we were watching minutes tick past deadline, the stress became worth it when I saw the result picked up from newsstands. As I proudly read through this last issue, I'm not sure what I'll do, a huge part of my life is now over; it's honestly like breaking up. (Friends often joked I should be in a Facebook relationship with *The Breeze*; today, newsfeeds would have said that is no more.)

To JMU: Thank you for the endless stories and opportunities you've offered over these four years.

Keep making news, and keep being the best school I could have chosen.

To my staff: You're the best, seriously. Thank you for excelling in collegiate journalism; I wish you all the best. The new staff has a lot to live up to, but I know they'll be in good hands.

To Springfest: Though obviously unfortunate, that epic April day was a learning experience that compares to no other and defined my position and the paper's own role in the community. Thanks for making this quite the year, in every way possible (and though unexpected, thanks for helping with my future!)

To my advisers and professors: I honestly couldn't have done it without you. To Brad Jenkins, Mike Grundmann and Roger Soenksen, our countless emails and phone calls helped me make it through. Thank you for your guidance, inspiration, range of advice and for always believing in me and my staff. To Susan and Charlene, I'll miss our afternoons of gossip.

To my friends: Graduation goodbyes will be rough; I'm not sure I can do it. You all have kept me sane these past four years, and I will never be able to thank you enough for your support and for our ridiculous and fun memories. Tom, you probably didn't know what you were getting into, but you have helped senior year be the best. And Susie, I don't even know what to say. Since our first day during orientation, we have been inseparable. You have been, and I hope you always will be, my very best friend.

To my mom, dad and Emma: I have no idea how you put up with my constant talk about the paper, but your reassurances pulled me through. Thank you for always pushing me to do my best and to not give up. I love you all so much.

Katie Thisdell
Editor-in-Chief



What happens at Breeze Camp ...

Being a copy editor at *The Breeze* has taught me a great deal. For instance, I'm really good at Facebook stalking. Many of you students should probably remove your phone numbers from your profile, so that one day when your neighbor/roommate/friend gets busted for something, *The Breeze* can't call you.



Along with my Facebook skills, I could probably win a Scripps National Spelling Bee and can name every major and minor on campus. While these things may seem trivial, my time working for this publication has become an asset to my hopeful journalistic career. And I owe it all to the following people:

To my Mom and Julia Roberts, for teaching me everything I know. LOVE. "More than life itself."

To my boyfriend, affectionately known as

Pearts, for taking time out of his own busy *Breeze* schedule to make me mixtapes and ask me to hang out two years ago.

To Lindsey, aka "Lo," for listening to all of my complaining and being the best roommate and lifelong friend I could ever imagine.

To Whitten, for being my first friend at *The Breeze*.

To Katie and Drew, for deciding to put up with me for another year. I wish you both all the best.

To Rachel, aka "Dieter," for becoming one of my very best friends, for London, for indulging with me in "Name that Laguna Scene," for our millions of inside jokes, for being there with candy when I need it and for knowing that when you do bring me candy, I won't want to share it.

To Megan, for being my partner in crime, for giving me advice, for listening and for teaching me how to share. We've both learned the meaning of a true friend, and I'm happy to consider you one of mine.

To Kristin, for brightening up my days.

To Susan and Charlene, for being there when I need to share a YouTube video, for being so complimentary, for letting me know when I'll be getting lunch and most importantly, for all of your hard work. You both are wonderful ladies and I'm lucky to know you.

To the new staff, thank you for coming in to this office with enthusiasm and skill. At first I was nervous to pass the torch, but I'm confident you all will continue to produce award-winning work.

And finally, to John and Matt, I am Gossip Girl.

You know you love me,
XOXO

Elizabeth Baugh
Copy Editor



DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth.

Submit Darts & Pats at breezejmu.org

A **"thanks-for-making-us-poor"** dart to the vending machine in Anthony-Seeger Hall.

From the outgoing Breeze staff members who have definitely made up more than half of your income.

Boy meets newspaper, boy falls in love ...

It's tempting to ring off a list of inside-the-newsroom jokes, but as wiser friends have said, "Inside jokes have no place in a newspaper." Or perhaps take one last potshot, but that would only be petty.

There are many people to thank and many shout-outs that would take up more space than is allowed. But thank you all for making these past years what they were. I learned something from all of you: the supporters, the indifferent and the critics. Especially the critics. Even when it devolved to YouTube commentary, you reminded me what I'd forgotten: It isn't what I said, but how I said it that matters. I learned much about politics from you and that the world was not so simple.

Thank you readers for bearing with me and the paper as we made mistakes and tried to learn from them. We didn't always get it right, but it was never for lack of effort. And sorry about the lack of crossword and sudoku puzzles — my bad.

Co-workers: It hasn't always been roses, but I was proud to be your manager, and I wish that I had been better and able to do more. It was never about awards, but we apparently won a lot, and you deserve all the credit.

To the new staff: be quick, clear and correct. And be calm. Whenever the paper gets to be too much, remember that you were hired because you can do this job. Now get out there and do it.

I don't know when it started exactly, but somewhere two years ago, *Breezers* started calling me — no joke — "Eye candy of *The Breeze*" and "Drewbabe," which eventually just became "Babe." As one might imagine, that did terrible things to my self-confidence and ego. Regardless, I never felt that I really lived up to them, but maybe that'll be for others to decide.

I've learned more about myself than I ever would have hoped, and I've done a lot of growing up. Thank you.

Drewbabe / Drew.Beggs
Managing Editor



Let's be real, I suck at headlines ...

My time at *The Breeze* has been an incredible learning experience. In the past year, each of you has helped me grow as a person, writer and editor. I am proud to have been a part of this staff.



To Elizabeth, you are the Carrie to my Charlotte. I'm so glad we found out it's not just *The Breeze*.

To Rachel, thank you for being such a good friend. I truly admire your talent and I know it will take you far in life.

To Kristin, you are the sweetest, most sincere person I know. Thank you for all of your kind words — they mean more than you know.

To John, thanks for always being such a good sport when we made fun of your (not "you're") grammar and punctuation, or lack thereof. You are smart and driven, and I hope we stay in touch after *The Breeze*.

To Robert, every time I wear pink I will think of you. Is that weird?

To Katie and Drew, thank you for your guidance in the newsroom and for never being mad when I came in late.

To my friends and family, thank you for your never-ending support and understanding of my limited availability on Wednesdays and Sundays. Marilyn, you have been my saving grace. Thank you.

To Alice Philbin, Mike Grundmann and Dave Wendelken, each of you has had a profound impact on my education and experience at JMU. I will forever be grateful for your guidance and support.

To Matt and Mary Claire, good luck! I'll leave you with the words of wisdom that were left for Elizabeth and me. Google everything, never think you're smarter than the AP stylebook and do your part to rid the world of serial commas. Always be proud of the work you do.

Megan Reichart
Copy Editor



You will all miss my cookie brownies, and I will miss you. Sorry, not sorry.

Can't believe it's time to say my goodbyes. Katie, you are a fantastic editor, boss and friend. Drew, enjoy Australia. Bring the lucky penny. Rachel, I'm glad we're friends.



Thanks for being you.

Torie, you were my first friend at *The Breeze*. I am so proud of you. You're going to do great! Pam, let's get another vanilla latte sometime and talk about real life. Jena, thanks for the coffee walks and talks. You are a blessing. John, keep the record clean, make more guac and become POTUS. Matt, no real crappys during "Happys and Crappys."

Susan, Charlene and Brad: thanks for your humor, advice and iBooth fun. Sports, it's been a pleasure.

Elizabeth, I'll miss you, your hugs, NPR jokes, your fashion advice and your pens. Megan, you truly are a delight. I'm glad you were the first person I skipped class with to study.

Photogs, thanks for being great, answering my texts (sometimes)

As one sun sets, another rises

We as students and editors rarely take a moment to pause and reflect on the moments, challenges and events that have shaped our lives. Yet as writers we have an opportunity to embrace the tools of our trade to permanently inscribe our thoughts as we prepare to chart a new course and set our sails for fresh horizons.

Before we cast off, we peer off to the setting sun, searching for the meaning of that sweet sorrow that for once, as writers, we can't seem to find the words to describe.

As the rays of the setting sun grace the Earth one last time before the calm of the night moon rises, sweet memories slowly roll in, reminding us of why we so dedicat-

ed ourselves to the production of this paper. We remember the joy of discovering a breaking news lead that no other agency found. We remember not just developing sources, but creating friendships. We remember the pride we felt seeing our finished product in that newsstand. Those tangible moments kept us coming back for more and drove us to never satiate our thirst for the best.

But it's the memories that tug at our hearts and bring tears to our eyes that challenge us to locate those perfect words. It's when we chatted the day away with Susan, Charlene and Brad. It's the time Elizabeth broke the toilet and when Matt wore those glasses. It's bojangling with Boag and gaining kind perspective with Kristin. It's late night study sessions and confessing our love of Diet Coke with Megan. It's hockey with Drew, giraffes with Torie and "What's up with Life?" with Life. It's bouncing ideas back and forth and forging a four-plus year friendship with Katie. It's going from "Hey, that's my FROG" to "Hey, that's one of my best friends" with Rachel. It's those moments where you laugh out loud; those moments when you realize we're more than just co-workers, more than just friends — we're a family.

We keep our sights fixated as the moment comes when the last bit of daylight dances across the horizon. As the moon rises like a beacon in the clear night sky, we prepare to embark on our new journey, anxiously waiting for what the blessings of a new day will bring.

We cast off and we turn back one last time, smiling because just as tomorrow brings a new horizon for us, it too brings a new beginning for those who embarked on this journey with us.

John Sutter
News Editor



A fond farewell to the staff

Strategically placed throughout the Newseum's exhibits in Washington, D.C. are boxes of tissues. While the exhibits themselves are impressive, it's those boxes that stand out in my mind. To me they show that the business of journalism directly impacts individuals, communities and the world.

During my last two years at *The Breeze*, I'd like to think that our newsroom has successfully provided that same impact to JMU.

However, not only has the paper impacted our campus, but its employees have shaped my JMU experience. In total I've spent more time with *Breeze* staff members than actual roommates. They have inspired me to stay on staff for my last semester at JMU, but it's hard to imagine being here without them.

First, I'd like to thank John Sutter. I never imagined that my "annoying" former FROG could be a respected friend and coworker. You've always taken my requests seriously, putting forth the extra effort to make sure I was helped. Thank you so much for joining the *Breeze* staff and being such a great asset to everyone around you.

Kristin, you're the only person I know who would set an alarm on her phone just to ensure I make it to class on time. You're one of the most genuine people I've ever known. Thank you for gracing us with your presence.

And who could forget everyone's favorite Sandra Bullock look-alike, Megan Reichart? Megan, your pink outfits and smile have brightened my day, and I'm so glad you've been there to charge me fines for not italicizing *The Breeze*.

Next: Drew Beggs. Drew, you've been a great PIC and friend, showing maturity and genuine concern when I've been upset or just needed to vent. You'll always be level headed when I'm a spaz and will forever be *The Breeze's* "eye candy." Thanks so much for everything and for encouraging me to continue working for the paper next year! Exclamation point!

And finally, Elizabeth "Bestie" Baugh. After I stole your last Blow Pop during training, I thought you'd never talk to me again, but in reality you just don't enjoy sharing. Fortunately, we were able to move past that stressful time in our friendship and help each other survive our first year at *The Breeze*. From eating pizza in graveyards and traveling to our "real" home at 14 Bedford Place, I've loved every minute... swear on our relationship.

That being said, I can't wait for this coming year's staff and the many stories this campus has to offer. Working here has truly been one of the best experiences of my life, and I hope that *The Breeze* will continue to give as much to its readers as it has to me.

Rachel Dozier
Design Editor



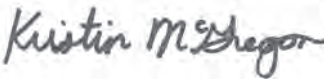
and making this fun. Robert, I could not have done this without you. You have made me laugh so hard. I appreciate you.

Special thanks to Mike Grundmann, Flip DeLuca and SMAD. Thanks for enriching my education and my life. *Future Breezers*: Always enjoy family time at front page meetings. Greenberry's, thanks a latte for three years of iced caramel vanillas and service.

West View Street friends, thanks for letting me vent, cry and laugh with you after long days at *The Breeze*. Bible study and d-time girls, you all are so dear to me. R, thanks for being you. Linds & Spurdaddy, thanks for being a source of wisdom and truth. Lifers, 14't, MW and Meggles: Wo ai nimen. Colleen, thanks for being my best friend.

Mom, Dad, Pam, Amy, Andy and Lauren, thanks for loving me and giving me a passion for journalism. And of course, thanks to God for everything.

Kristin McGregor
Photo Editor



Editorial Policies

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. *The Breeze* assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of *The Breeze* or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

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"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

— JAMES MADISON, 1800

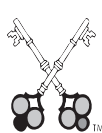
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'I want to change your perspective'

'Last Comic Standing' winner uses humor to dispel disability discrepancies

By **KELSEY PETERS**
The Breeze

There were complications when Josh Blue's mother gave birth. She never knew that after three healthy children, her fourth would be born a comedian. As part of this year's Disability Awareness week, NBC's "Last Comic Standing" winner Josh Blue performed to an almost full Wilson Hall auditorium on Monday night.

Blue was born with cerebral palsy, a physical disability that causes problems in body movement. Although he has little control over his right arm, he is anything but a case for pity. In fact, the audience spent most of the night laughing with Blue about his disability.

Blue showed the audience that all people have one thing in common: humor.

"I want to change your perspective on disabled people," Blue said. "When you leave here, I want you to be afraid of us."

At several times the audience became silent, expecting Blue to become sentimental.

Every time the audience silenced, he immediately eased the tension with a joke.

"Have you ever heard the expression, 'Laughter is the best medicine?'" Blue said. "Shouldn't I be better now?"

The ease of his laugh caused the audience to let out a few of their own.

"If I wasn't able to laugh at myself, I would have shot someone by now," he said.

This led to a roar of laughter when he attempted to demonstrate how he would load a gun with his disability.

Blue's disability was not the only biographical fact he played with. Blue

see **COMEDIAN**, page 8

NATE CARDEN / THE BREEZE

Undergrad's art installed in Smith House for first time

By **MALISSA WATTERSON**
The Breeze

Downtown Harrisonburg will see a fusion of fiction and art this Friday at the Smith House Visual Arts Gallery.

The Smith House is showing the works of Jason Knight, a senior anthropology and studio art double major, and Aaron McIntosh, a first-year fiber arts professor, from 5 p.m. to 7 p.m.

The gallery opening is one of the scheduled events for the Arts Council of the Valley's First Fridays Downtown, a free showcase of visual, performing and culinary arts.

Cecilia Carter Browne, Executive Director of Arts Council of the Valley, considers the gallery opening a way to strengthen ties with JMU artists.

"This is a way to just partner more closely with our JMU associates and artists," Browne said.

Knight's "Buxom" is the first undergraduate student installment to the Smith House Sculpture Garden.

His show features 14 "buxom mushrooms" — ceramic figures crafted into his form of a mushroom.

The pieces are an extension of the "anthropology world" Knight created last semester.

Plant and ceremonial sculptures, as well as drawings of field journals, serve



PHOTO COURTESY OF MALISSA WATTERSON

Senior Jason Knight cast condoms in glaze to create "Buxom," to look like mushrooms.

as artifacts for a world comprised of fictional organisms and cultures based in actual history.

"I want to try to have [my artwork] look natural and look like it could be real," Knight said.

Knight used condoms to create plaster molds. Each mold was filled or casted with porcelain and transformed into a figure.

He then used celadon glaze — a traditional glaze used in Asian ceramics — as the base for the additional blue and turquoise glazes that cover the pieces.

Last semester, Knight invited Browne to view his previous ceramic pieces at an artWorks Gallery showing.

"The aesthetics of [Knight's] work really have a broad appeal," Browne said.

McIntosh's "Patterns" will include six pieces, two of which are large quilts.

For each piece he uses layers of multiple drawings, images, patterned cloth, personal clothing and found materials as a way to "deconstruct" sexual stereotypes found within the media and create his own narrative.

"Some people will only appreciate the textile moments; hopefully others will go deeper into the work and dig out a few more disturbing nuggets," McIntosh said in an email.

Knight also hopes those who view his pieces see something below the surface.

"I really like to have my work display information or something people can think about instead of just a nice thing to look at," Knight said.

Knight's work will be displayed at the Smith House Sculpture Garden until mid August. McIntosh's work will be displayed inside the building until April 28. The Smith House is open Monday-Friday from 9 a.m. to 5 p.m.

CONTACT Malissa Watterson at wattermm@dukes.jmu.edu.

TV PREVIEW

AMC continues spree with 'The Killing'

By **JEFF WADE**
The Breeze

Adapted from the Danish series "Forbrydelsen," "The Killing" is a fitting newcomer in the tradition of gripping AMC dramas.

Premiering at 10 p.m. Sunday, the crime thriller focuses on Seattle homicide detective Sarah Linden (Mireille Enos), who puts off transferring to California after the brutal rape and murder of the young Rosie Larsen.

The detective's search causes her story to intersect with the grieving Larsen parents and reveals the case's mysterious connection the case has to the campaign of mayoral candidate Darren Richmond (Billy Campbell).

Each episode of "The Killing" chronicles a day in the investigation of the Larsen case, and the series pokes and prods at the ramifications that the central killing has on the assorted communities, mining drama from their interplay and the stark contrast among each group's reaction.

This includes the grief and emotion of the parents, the methodical and procedural police investigation and the politicalization of the event at the hand of the aspiring government official.

Despite the multifaceted approach,

"The Killing" never gets bogged down. For all its complexity, it never becomes too much to follow, which could easily have happened with the way the show juggles three main plot threads, each with their own casts and sub-plots.

The Killing

★★★★★

Premieres 10 p.m. Sunday on AMC
Starring Mireille Enos, Joel Kinnaman, Michelle Forbes
Runtime 60 min.

The tiered story and the day-in-the-life motif could easily be written off as gimmicks if it weren't for the show's pacing, which quickly emerges as its most distinct element.

AMC is wisely airing the first two episodes of "The Killing" as an extended block. If audiences issued judgment on the first half hour or so, they could be forgiven for dismissing the show's seemingly lackadaisical pacing as meandering.

But shows like this are all about the slow burn, and once audiences adapt to the series' wavelength, it quickly transforms into a gripping narrative with masterful cliffhangers that mix the cerebral and emotional.

While initially off-putting, the pacing allows for "The Killing" to



PHOTO COURTESY OF AMC

Stars Joel Kinnaman and Mireille Enos captivate in the icy new drama "The Killing."

dwel in detail and foster the iciness and gloom that it imported from the Nordic locale of its source.

"The Killing" also stands apart from other cop shows with its performances.

As the show's main character, Enos is quietly commanding as Detective Linden, even if she is clad in the most garish sweaters this side of "The Cosby Show." And while Linden's troubled new partner Stephen Holder would seem derivative of other challenge cops on paper, Swedish actor Joel Kinnaman plays the character as such a walking enigma that it ends up being

distinct.

Special credit goes to Michelle Forbes and Brent Sexton as the parents of Rosie Larsen, who manage to display an almost painfully accurate depiction of how loss affects a family.

Audiences that have the patience and stomach for the material are going to find a lot to like in "The Killing." And much like the investigation it chronicles, it's a show that proves the importance of all the little details.

CONTACT Jeff Wade at wadeja@dukes.jmu.edu.

ALICIA HESSE

Healthier you

Post-exercise cool-down tips

I came back from spring break equipped with shorts and tank tops, expecting those frost-bitten memories of running in place on a treadmill to



quickly melt into sweeter days of long runs through the Arboretum.

The weather seemed to be adhering to my hopes until forecasts called for snow over

the weekend, followed by a less than temperate climate all week. To me, this meant more layers and more time at UREC.

I get bored roughly three minutes after pressing "quick start" on the treadmill, so in an attempt to find something more stimulating than its blinking red dots, my gaze bounces from the guy elegantly lifting himself on the pull-up bar to the girl on the elliptical in front of me, her feet pedaling at full speed.

Then I remember that the gym is such an encouraging environment without anyone having to say a word. I see that glow of self-satisfaction on so many faces as they head toward the exit, endorphins unquestionably surging into their blood and filling them with joy.

I love it.

But, with that natural high from a job well done, it can be easy to forget the importance of recovery. You spend all that time in the gym working on your body, but if you don't continue with the same care when you leave, you won't be getting the full results of all the work you put in.

Through vigorous movements, you deplete your body of electrolytes (potassium, sodium and other minerals) and glycogen (carbohydrates in your muscles and liver that fuel your body) and your muscles break down and become dehydrated.

Runner's World magazine notes that, "fatigued muscles act like sponges and readily absorb nutrients," and recommends it is best to replenish yourself within 30 minutes of finishing.

Here are some powerful snacks you can arm yourself with after battling your way through a work out:

Sports drinks

Drinks like Powerade or Gatorade are high on the glycemic index. This means nutrients can get into your bloodstream quickly and begin the recovery process. Sports drinks also help replace the electrolytes you've dripped out. Have about 20 oz. — but don't overdo it, or you'll get a stomach ache.

Smoothies

The peanut butter smoothie at UREC is delicious and filling. (Personally, I like it without the chocolate syrup.) The peanut butter contains sodium and protein and the yogurt is a great high-carb solution. You can also make a shake of your own. Whey powder is one of the highest powdered protein sources and will make your muscles very happy. Adding fresh fruit is another good idea. Try opting for honey over sugar and low-fat milk or yogurt over ice cream.

Wheat mini-bagel with peanut butter or turkey

Preferably, try all-natural peanut butter.

Banana with peanut butter, sports bars

Clif bars are mostly organic and meet Running Times magazine's recommended 4:1 carb-to-protein ratio.

Peanut butter and jelly honey on wheat bread

If you're noticing a peanut butter pattern, it's not just because I like it so much. It's because it is such a great source of protein, potassium and fiber, just to name a few. Yes, it is calorie dense. More importantly, though, it is nourishing and will keep you feeling full longer. Almond butter is also nutritious and tasty.

Trail mix

Buy it at a vending machine or make some trail mix of your own with pretzels, nuts, dried fruit or semi-sweet chocolate chips. Pretzels are great because they have carbs and sodium — just be sure to throw some protein into the mix as well.

Whole grain cereal with milk

If you can stomach dairy after a work out, new studies have shown that milk or chocolate milk is as

see **HEALTH**, page 9

JMU alumna talks ‘duct tape’ deodorant in quirky memoir

By **NEAL HOLLOWELL**
contributing writer

“Sweaty Armpit Duct Tape Girl” is an upcoming memoir by entrepreneur and JMU graduate Agatha Kulesza.

It’s a title that that needs some explaining.

The title sprang from her awkward experiences as a middle school student. In her youth, she had an excessive problem with sweating and, as the title of her book indicates, created a home-made remedy.

“I took some duct tape and slapped it on my pits,” she said.

Kulesza shared more life lessons to nearly 100 students in Godwin Hall on Tuesday evening.

“She was a good example of someone who used their skills well and didn’t settle until she was happy,” said freshman finance major Kevin Glating.

After duct-taping her way through middle and high school, Kulesza studied accounting at JMU. She was actually interested

in sociology, a career path her parents didn’t approve.

“They wanted me to have job security,” she said.

Upon graduating, she moved to Los Angeles and immediately found a job with financial services firm Deloitte Touche Tohmatsu. Unfortunately, she also immediately found that she didn’t enjoy it.

“I really hated it,” Kulesza said. “It was just not for me.”

Kulesza quit after a year and took on a series of odd jobs, including, bartender, movie extra and finally an airport screener at Los Angeles National Airport.

Another year and it was back to accounting.

She started using Craigslist to find part-time work as an accountant. She wanted control of her hours and salary. Her first job like this was financing and bookkeeping for a mold inspection and removal company. She learned quickly on the job. She soon repeated the process, working for more and more clients.



BLAIR BOSWELL / THE BREEZE
Graduating from JMU in 2000, Agatha Kulesza has had odd jobs and developed her own business model, while finding time for her memoir.

“I never intended to have a business,” she said.

But even after early success, after a short time, she was

unhappy. Attempting to fill the void with boyfriends, food and shopping, she was soon buried in debt. She left L.A. and her newfound business, Agatha K, LLC, to move back near home to New York City.

So at 27, she decided to let go of her thriving business, move back east and start again. This time, she streamlined the process and used business networking events and word of mouth to find new clients. Very shortly, she began working 60 hours a week and for bigger clients — like \$5 million-dollar hedge fund bigger.

“It was like working in a shark tank,” she said.

She paid off that \$30,000 debt in 18 months.

Naturally, with that success, she decided to move again, and she returned to L.A. to start again, attempting a new business model.

“I wanted a product, not service-based business,” she said.

But it hasn’t all been a success story.

Kulesza tearfully recalled

being sexually harassed by her mentor in L.A. After reporting the incident, she found out that this same man took a number of women under his wing, only to abuse them. She decided for once to stand her ground and to press charges. She spent all of last year in and out of court, finally wrapping up this past summer.

Her thoughts on the matter were surprisingly positive.

“I’m grateful for the lesson,” she said. “I’ll always trust my gut.”

Despite that, Kulesza went on to make a name for herself. She recently launched an online course.

So what’s Kulesza’s number one rule for success?

“Be yourself,” she said, “I know it sounds simple, but the business world is headed towards transparency.”

“Sweaty Armpit Duct Tape Girl” will be sold at the end of 2011.

CONTACT Neal Hollowell at hollowellnr@dukes.jmu.edu.

SPEAKER

Reads past suicide note to encourage openness among peers

from front

Powell went with Smith to the center.

Powell said she “didn’t want to chance Trisha waking up and no one being in the room with her.”

Smith awoke two days after brain surgery. Her neurosurgeon told her that she was a miracle — the doctors did not think she would make it through the surgery because of the large amount of bleeding in her brain caused by the aneurysm.

After regaining enough strength to travel home to her family Germany, to spend Christmas with her family, Smith began eight months of therapy for seven hours each day.

Since her aneurysm, Smith

has struggled with the lack of support and understanding from friends and family.

“They’d say, ‘You’re walking, you’re breathing, you should be happy,’ ” she said, “but I wasn’t at all.”

To help herself cope, Smith began making short films in an attempt to reveal how she felt.

She then transformed these clips into the five-minute video, “The Appointment,” which she shared on Tuesday.

Smith submitted “The Appointment” to the American Academy of Neurology and Bensfriends.org, an online community for those suffering from a rare disease.

Smith also shared a letter that she wrote during her struggle with depression. Her letter “My Last Words, My Last Breath” is a draft of a suicide note. The note explains how she felt as though she had been a burden to people, failed herself and how others had failed her.

“It came to this point where I just wanted to give up,” Smith

said. “I think anyone would have felt alone in a situation like that, without having support.”

At the end of the event, a panel which included a local psychotherapist, a brain injury specialist and a field counselor for the blind and vision impaired, addressed audience questions.

“There are heroes in individuals who survive these injuries, I’ve never seen anything like it before in my life,” said Cara Meixner, an assistant professor of graduate psychology at JMU and member of the Board of Trustees to Crossroads to Brain Injury Recovery.

Crossroads to Brain Injury Recovery has provided case management and support to Smith since she returned to JMU in the fall. They help her with paperwork, financial aid, getting her to and from therapy and encouraging her to stay focused on recovery.

During Smith’s brain surgery, a clip was placed into her brain, which interrupts

circulation and could lead to another stroke. Other after-effects of the AVM and aneurysm include numbness in her left arm, tunnel vision and short-term memory loss. Despite the changes Smith has had to make in her life, she remains positive.

“If someone you know ever goes through an experience like this I hope that you reach out to them and support them as much as you can,” Smith said. “This life isn’t meant to be fought alone.”

Valerie Schoolcraft, JMU Office of Disability Services director, encouraged the audience to support those with disabilities.

“Part of our hope is that we’ll have more of these opportunities to hear these students’ stories,” Schoolcraft said. “A lot of what you hear this week is being present, being mindful, being caring and we don’t do that alone.”

CONTACT Emily Winters at winterer@dukes.jmu.edu.

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COMEDIAN Appeals with bluntness

from page 7

used his birth in Cameroon, West Africa, to play on stereotyping.”

Being physically disabled and African-American,” Blue said, “man, I look good on paper.”

Blue then spoke about people who were inspired by Obama becoming president, saying it shows that anyone could become president of the United States.

“I think we proved that with the last president,” Blue said.

But Dean Stubbs, a freshman interdisciplinary liberal studies major, noticed some uneasiness in the audience.

“When he got into the political side, you could see the crowd got a little tense,” Stubbs said.

Moving from one generalized group to another, Blue joked about other races, claiming he was able to laugh at himself because his wife is Japanese.

“I take her to a tropical fish store, and she acts like it’s a buffet,” Blue said.

Even the sign language translator of the show was not exempt from Blue’s jokes.

“Are you mocking me?” Blue said, as the interpreter motioned Blue’s words.

Although Blue made fun of his disability and the idea of Disability Awareness Week, he addressed the problems of societal views on the disabled.

While some have claimed he was inspiring by simply being outside, even on JMU’s campus, a girl locked her doors when he walked by, Blue said.

He said he did not tell those painfully true stories for pity; he told them for the sake of a laugh.

“It’s better to be blunt,” said Stubbs, after the show. “Walking around the issue doesn’t get anything done.”

Raychel Whyte, a freshman psychology major, thought this straightforwardness helped her better understand disabilities.

“I think he makes it more comfortable,” Whyte said.

Whyte continued to say that Blue’s routine helped breakdown barriers.

“It’s not like, ‘Oh he’s disabled, what do I do?’ I just laugh.”

Blue realizes his ability to make comedy out of tense situations only strengthens his persona.

“If I can say something funny before they say something mean, they just look stupid,” Blue said.

Thomas Moran, a kinesiology professor, appreciated Blue’s position in the disability rights movement.

“He uses the stage he’s been given to break down the barriers to show you’re not defined by your disability,” said Moran. “He proved that.”

CONTACT Kelsey Peters at peterske@dukes.jmu.edu.

HEALTH | ‘Be fierce’

from page 7

effective as sports drinks, according to the Mayo Clinic Nutritionists.

Other ways to help your body after your next work out include doing a proper cool down, stretching, icing to expedite the healing of micro tears, getting a massage, taking a bath with Epsom salts, staying hydrated and getting plenty of rest.

Malnutrition, dehydration, inadequate sleep, over-training and alcohol can slow down

the body’s healing process and possibly lead to injury.

When you are working up a sweat, you may be toning up, sure, but you are also breaking your body down. The more you help your body recover, the stronger you’ll be for your exercise days.

So, take a little bit of time to refuel and be fierce for your next workout.

Alicia Hesse is a junior media arts & design major. Contact her at hesseam@dukes.jmu.edu.

MARCH 25 - 27
CLUB SPORTS
RESULTS*

- Tae Kwon Do**
Black Belt Testing
■ Jonathan Asgari and Emily Dubas were awarded certification as black belts in the Chung Do Kwan Style
- Tennis**
Tournament @ CNU
■ JMU won all four of its matches
- Men's Volleyball**
EIVA South Championship
■ Team A: first in their division, defeated Virginia Tech 15-9
■ Team B: first in their division, defeated Virginia Tech 15-7
MVPs: Mark Smith, Drew Lovering, Kevin Fitzpatrick, Ben Charlton
- Men's Water Polo**
■ Chad Eskridge was named All Conference Player for the Fall season.

*The Breeze does not vet the results provided by the clubs. We encourage all JMU sports clubs to report results to Megan Flisdorf at jmusccvicepresident@gmail.com every Monday; results are printed Thursdays.

COMMENTARY

College basketball landscape is changing

By DAVID BARTON
The Breeze

I don't have to tell you that Virginia Commonwealth University has played outstanding basketball in the NCAA tournament. They have not only ruined the hopes of a No. 1 seed but have busted our brackets in the process.

A little over a month ago, the Dukes visited the University of Richmond for their last regular-season game. They had been edged by VCU in an extremely competitive first game, thanks to a winning baseline jumper by senior leader Joey Rodriguez. In the second installment, JMU got the win. The Dukes shot more than 50 percent from the field, Devon Moore scored 18 points and the Dukes led for the entire second half.

What is the only rational conclusion to draw from this win? It is that JMU, given the same play-in spot in the NCAA tournament as the Rams, could have been in the Final Four. The transitive theory would read: VCU is one of the best four teams in the tournament and JMU beat VCU, so JMU should be playing in Houston this weekend. As Ron Burgundy so perfectly explains these difficult concepts, "It's science."

The truth is that if the Rams were playing the same way they are now in the two matchups against JMU, there would have been a massacre. This is not to say Matt Brady's Dukes didn't have a resurgence this year; they absolutely did, by winning 21 games. But VCU has been playing its absolute best basketball since losing in the CAA championship to the Old Dominion Monarchs. We know the CAA's top teams are capable of beating the nation's best and it's a treat when it occurs.

The run

What a crazy, breathtaking, absurd March that VCU has had. On the road to the Final Four, they have beaten teams from five major college basketball conferences. They started with the University of Southern California Trojans of the Pac-10 in the play-in game. USC didn't have a spectacular year, but still bested ranked teams in the Universities of Tennessee, Texas and Arizona. The Rams had none of it, however, and limited the Trojans to 46 points, their lowest total of the season.

VCU ascertained the 11th-seed after their play-in win and were matched up against the Big East's struggling Georgetown Hoyas. The Rams were superb on offense and scorched the Hoya's for a season high 12 three-pointers in a 74-56 win. This is the farthest any pundit had expected VCU to go.

They played the third-seeded Purdue Boilermakers of the Big Ten with the sweet 16 at stake. The Rams shot 57 percent from the field, had 26 assists and only four turnovers in their thrashing of the Indiana boys.

VCU's Sweet 16 matchup was the Florida State Seminoles of the ACC, who had the No. 1 ranked defense in

see VCU, page 10

WOMEN'S LACROSSE



KATIE BROWN / CONTRIBUTING PHOTOGRAPHER

Women's lacrosse players senior Caitlin Sullivan (left) and sophomore Amanda Mathews (right) prepare for their Saturday matchup against George Mason.

After racking up a 6-2 record in pre-season play, division-leading Dukes optimistic going into CAA play

By SHANNON KENNY
The Breeze









After a dominating showing in non-conference play, the women's lacrosse team is preparing to face their seven Colonial Athletic Association competitors in the next month.

"The fact that we were able to go 6-2 in our non-conference schedule is a great thing considering the fact that we played teams all ranked top 20," said senior attacker Mary Kate Lomady. "The whole purpose of us playing our tough out-of-conference schedule is so that we can be prepared going into conference, which is what really matters."

The No. 10 Dukes fought through their first six games of the season against ranked competitors, including No. 15 Princeton University and No. 20 Virginia Tech, and remained undefeated until they faced a fellow undefeated team found in No. 6 Loyola University. The Dukes fell 11-7, for their first loss of the season.

Last weekend, JMU went on to compete with the defending NCAA champions, No. 1 University of Maryland. They were handed their second defeat of the season when the Terrapins dominated them in a 17-8 win.

"I think that the two losses that we have were against two teams that were better than us on game day," said head coach Shelley Klaes-Bawcombe. "I was proud of our team for not giving up in

Colonial Athletic Association current standings		
	James Madison	6 - 2
	Drexel	6 - 2
	William & Mary	5 - 4
	Delaware	5 - 5
	Hofstra	4 - 5
	Towson	4 - 5
	George Mason	2 - 6
	Old Dominion	1 - 5

GRAPHIC BY JENA THIELGES / THE BREEZE

that situation and showing a tremendous amount of fight, and being able to walk away from those losses, learning lessons and not being defeated."

Going into conference play, the Dukes have a target on their backs as defending CAA champions.

In the 2010 season, JMU managed an impressive 17-3 record overall, going an undefeated 7-0 in the CAA. Along with making it to the Elite Eight in the NCAA, the Dukes established several school season records with 17 wins, a .850 winning percentage, and earning a fifth-seed in the NCAA tournament, the second highest in the program's history.

Redshirt sophomore attacker Casey Ancarrow was on that CAA champion team last year and is optimistic about the Dukes' chances to do it again.

earned the right to even be in there. You have to be a top four team in the CAA to have the right to compete in the CAA tournament."

Major changes have been made to the team this season after the loss of four starters: defenders Susan Lines and Meredith Torr, attacker Michelle Maier and goalkeeper Morgan Kelly.

"There has been a loss of the leadership in general," Klaes-Bawcombe said. "It's a constant battle trying to get people to be comfortable speaking out and just really willing to be outside of their comfort zone. I think that leadership is one of the toughest skills with any team and that's something that's going to be an ongoing task for us."

One of the more obvious losses is found in the graduation of Kelly, a member of the 2010 all-conference first team and ranked first in the NCAA for goals-against average and fifth in save percentage.

"Our biggest loss was probably Morgan [Kelly]," Lomady said. "We've been fortunate enough to have our redshirt junior goalkeeper Alex Menghetti step up huge for us so far this season. We all have her back and she has our full support."

With a new goalie and a new lineup, Klaes-Bawcombe is optimistic as she looks to upcoming conference play.

"I think that we are a solid team," Klaes-Bawcombe said. "We don't have

see LACROSSE, page 10

GOLF

Sophomore golfer highlights JMU success

By MEGAN HARMAN
contributing writer

Led by individual medalist sophomore Ryan Vince and junior Chris Wellde, the team captured a tournament victory after two solid rounds of golf at the C&F Bank Intercollegiate in Williamsburg.

Head coach Jeff Forbes said they entered the March 21-22, tournament expecting the win.

"We had some really good practices leading up to the tournament," Forbes said. "We went into the tournament talking about winning it"

Not only did Vince win the individual title in a three-way tiebreaker with teammate Wellde and Justin Martinson from the University of Delaware, but he was also named CAA Men's Golfer of the Week.

"These honors are important because there's only going to be one CAA player of the week," Vince said. "[JMU junior] Mike Smith got it last year, so it was nice to get another JMU golfer in there."

Vince claimed it wasn't his career-best scoring round, but it was definitely the best result.

"I've been close a few times in my last two years and it felt great to finally get it done," Vince said. "It was nice because we also won as a team, which was the first time."

Vince has been playing golf since he was about 10 years old. His future plans include playing in nationwide professional tournaments.

Forbes said Vince, only being a

sophomore, will have a big leadership role in the future.

Of the tournament leader, he said he is "biding his time until some of the upperclassmen leave."

The team has one more tournament before the CAA championship. It may be the hardest tournament the team will participate in all year. However, the team's confidence has skyrocketed after the recent win.

"It was nice because we also won as a team, which was the first time."

Ryan Vince
sophomore

"I think [the victory] is going to help them get their head straightened on knowing that they can win and beat some good teams," Forbes said. "Penn State is going to be the toughest one out there, by far."

Wellde said a tournament victory is always motivating.

"I think we're all confident that we could do it," Wellde said. "Once we win we know we can do it again."

Even though Wellde was eliminated in the first round of the three-round tiebreaker, he and Vince had focused on one goal: "to not let the Delaware golfer Martinson win it." According to Wellde, the team was happy for both of them and encouraged them equally as they entered the playoffs.

The proven unity of the team and



RYAN FREELAND / THE BREEZE

Sophomore Ryan Vince has proven to be a new leader and presence for the JMU Golf team, winning his first individual trophy at the C&F Bank Intercollegiate Tournament.

their growing confidence pulled them together at the C&F Bank Intercollegiate. Forbes believes focusing, playing well and making crucial putts won it for JMU.

"Winnings are very few and far between and when you get them you need to be happy that you got them," Forbes said. "I think it's going to help us and propel us into Penn State and hopefully we'll take that into the CAA tournament."

Their next tournament is the Rutherford Intercollegiate from April 9-11 in State College, Pa. It will be played at the Penn State Blue Course.

To prepare and keep up the interests of the players, Forbes said they will be mixing things up during practice rather than practicing repetitive things.

"The team's mindset is in a good place right now, but with golf, you never know what can happen," Forbes said.

CONTACT Megan Harman at harmanmt@dukes.jmu.edu.

VCU | CAA proving its quality to the nation

from page 9

the country. It wasn't enough to stop the touch of VCU junior Bradford Burgess, however, who shot six of seven from behind the arc and had the winning layup in the Rams' win. VCU found a way to win a close overtime game, and its 12 three pointers meant that their offense was still rolling.

The Rams had beaten solid teams from the ACC, Big Ten, Pac 10 and Big East. The Goliath that stood between them and the Final Four were Big 12 champion Jayhawks of Kansas University. The same Kansas that won the national championship in 2008, has been to 13 Final Fours and has a freakishly good set of twins. The only way the Rams were going to Houston was a bad night for the Jayhawks, and a superb performance by Shaka Smart's men. Kansas shot a season low 35.5 percent from the field and 9 percent from three-point range. Meanwhile, the Rams drained a season high of 12 three-pointers for the third time in the tournament and Wake Forest transfer Jamie Skeen scored 26 points and had

10 rebounds. VCU led 41-27 at halftime, bounced back from an inevitable second half Jayhawks rally and pulled out the 71-61 upset.

The Rams won their five games on the road to the Final Four by an average of 12 points. So much for not deserving a tournament bid.

What about the other CAA teams?

With all the talk that VCU is generating, it's easy to forget about the other top two CAA teams in the tournament. The Monarchs and the George Mason Patriots were the unquestioned CAA standouts in the competition. Mason won the regular season championship while ODU had won the conference tournament.

ODU had to face last year's runner-up and this year's Final Four participant, Butler. I thought it was an unfair matchup pitting two teams with the ability to go far against each other in the second round. ODU lost a nail biter and walked away disappointed.

GMU fared better, beating the Big East's Villanova in the second round. They lost to

powerhouse and former No. 1 Ohio State 98-66 in the next round. Mason, along with VCU and ODU, accounts for the last five CAA championships and are a constant threat in the NCAA tournament.

What does it mean for the CAA?

"VCU is playing in its first Final Four and can deliver a national championship for the deep and now increasingly respected CAA," said Andy Katz, ESPN college basketball analyst in reference to the storylines of the tournament.

This year saw a record three CAA teams in the NCAA tournament. The fourth-best regular season team in the CAA is now in the Final Four, which is a clear representation of the conference's depth. The period between GMU's historic 2006 run and VCU's current surge has seen few changes in the quality of CAA basketball. The opinion of college fans and pundits has, though.

There are also financial benefits to the Final Four appearances. According to NBC Sports writer Mike Miller, GMU reported that its season ticket

sales doubled and there was a 350 percent increase in admission inquiries after the 2006 tournament run. VCU might see the same fortuitous gains in the coming months.

With the tournament moving from 64 to 68 teams this year, organizers hoped to give more programs an opportunity on the national stage, while concurrently boosting revenue. This move benefited mid-major conferences because more teams could get nationwide coverage. VCU's success, as well as Butler's and GMU's has flattened the college basketball landscape to more than just blue blood domination. It has brought attention to conferences like the Atlantic 10, Horizon League and the CAA, all of which undeniably deserve the recognition.

In another five years, maybe it will be Brady and the Dukes in the Final Four, coming off an inaugural season in a brand new new Convocation Center, selling out every game. What a sublime reality that would be.

CONTACT David Barton at breezesports@gmail.com.

LACROSSE | A difficult conference road ahead

from page 9

any major weaknesses. We just need to put ourselves in the right mentality, making sure we react to our mistakes well, and if we can continue to do that, I think that we are a team that is going to be very difficult to beat in the CAA."

In her JMU career, Klaes-Bawcombe has taken the Dukes to the CAA championship twice and said that this year is another opportunity to do that. For now, the Dukes have turned their focus to their first conference opponent: George Mason University.

"We're going to use this full week we have to actually focus back in on JMU and take those lessons that we learned from the non-conference opponents and make ourselves better," Klaes-Bawcombe said. "We're really going to put the focus on JMU and one game at a time. Right now we're excited to move into conference because that's what we've been thinking about all year long."

Though the Dukes have a plan to focus only on the upcoming opponent, Klaes-Bawcombe couldn't help but

keep an eye on the College of William & Mary Tribe. The Tribe, currently 5-4 overall, has faced No. 8 University of Virginia, No. 4 Duke and No. 2 Northwestern. Though taking losses against all three teams, Klaes-Bawcombe said that it's not all about the win or the loss.

"They're a good team," Klaes-Bawcombe said. "They return pretty much their entire squad and they're coming off of a lot of injuries from last year, so I would say going into the conference, even though we are taking one game at a time, I think that William & Mary proved themselves off of their nonconference schedule that they're going to be a formidable opponent."

After this Saturday's matchup against George Mason in Fairfax, the Dukes will return home April 8 to face Old Dominion University.

"The CAA is a dogfight," Klaes-Bawcombe said. "It's a bloodbath. Any given day, anybody can win."

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Deadlines:

Monday Issue: Friday 12PM

Thursday Issue: Tuesday 5PM

Online: All classified ads are also placed on The Breeze website at no additional cost.

Questions? Call 568-6127

For Sale

PURCELL PARK Brick 4B, 2FB, corner lot, hardwood, det. garage, full UF basement, fireplace \$230k (540) 560-3837

REAL ESTATE FOR SALE! Why rent when you can buy? Immaculate 2 bedroom townhome, close to JMU, with great upgrades. Amazing basement built for entertaining, complete with bar and drink fridge. All stone patio makes for no lawn care! Asking \$139,900. Start investing now to build for the future! Offered by Massanutten Realty: Christopher Whitelock II. Call (540) 820-7169 for more details.

MASSANUTTEN RESORT floating yearly vacation week, deeded title, Friday check-in, 2 bedrooms, 2 baths, sleeps 6, gold crown rated Summit unit, close to JMU, great for parents, family, graduation, and sports weekends, reduced price, jduffy10@comcast.net (901) 861-3759

For Rent

NAGS HEAD 4-Month Student Summer Rentals, May-Aug, seabreezerealty.com (252) 255-6328

2 BEDROOM APARTMENTS 717 South Mason St. Now signing leases! Stone throw away from the quad! All utilities included! \$420/bed Call Chris now: (856) 297-5837

LARGE 2 BEDROOM TOWNHOUSE, two blocks from campus with W/ D, Available 6/1 or 8/17, \$675/ mo., www.dogwoodcommons.com/walnut.html (540) 433-1569

TOWNHOUSE ROOM FOR RENT \$350 Need a home for the 2011-12 school year?! S. Liberty Townhouse has a room for rent for only \$350/ month! Townhouse is remodeled with new appliances, washer/dryer, plumbing and flooring! This place is amazing! Call for an appointment for viewing. Parking, back deck and front yard are included. Only a ten minute walk from the Quad! Please call! (703) 498-7478

LARGE 1 BEDROOM APARTMENTS, Great location, W/ D, DW, AC, no pets. Openings May thru August, \$565 www.dogwoodcommons.com (540) 433-1569

Wanted

BARTENDING \$300/DAY POTENTIAL. NO EXPERIENCE NECESSARY. TRAINING AVAILABLE 1-800-965-6520 EXT212.

BARTENDING CLASSES 2011 jiggersbartendingschool.com flexible schedules & payment plans (540) 560-7971

STUDENT WITH BUSINESS Background for part time and summer employment. Could lead to full time on graduation. Send brief resume to PO Box 2181, Harrisonburg, VA 22801 or call 540-820-9789.

HORSEBACK TRAIL guide Keezlenutten Farm is looking for summer help to take out trail rides. Horse experience required! Call Danielle (540) 290-3731

BEST SUMMER JOB. Live and Work at the Beach. Ocean City, MD & Virginia Beach. Great Tan, Competitive Pay, Earn \$10,000 Apply at ocbeachphotos.com/ocb-apply.html

Services

SKYDIVE! One-day first jumps from 13,500' from 22-jumper twin engine airplane. Gift Certificates! www.skydiveorange.com (540) 943-6587

CHURCH, QUAKERS, FRIENDS Please join us for Quaker Meeting. We cherish the Light within every person and work for peace. Friends gather in silent expectant waiting on Sundays, 10-11 am, everyone welcome. 363 High Street, Dayton, VA. <http://valleyfriends.org> (540) 820-3840

BIKE MAPS, BIKE TOURS Ride Your Bike Across America. We have the maps to help. Free map catalog & magazine. www.adventurecycling.org

DARTS



PATS!

Send in yours to breezejmu.org

Don't hate. Debate.

SGA Debate

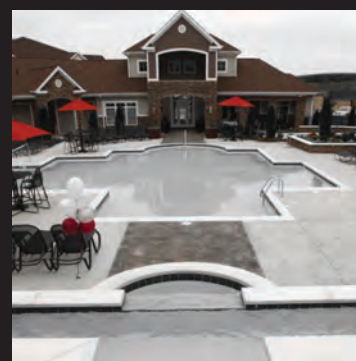
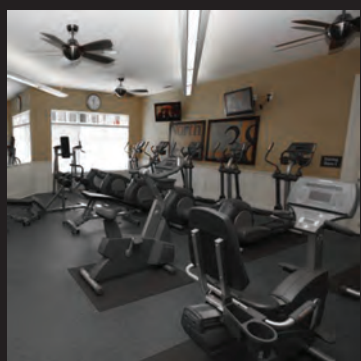
April 11, @ 8 pm

In the lower drum
of the Festival Stage

Questions? Email sgadebate@gmail.com

Nôrth

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HOUSING FAIR TODAY!

11:00am - 3:00pm

ALL FEES WAIVED!!

WE MAKE WINNING AN IPAD2 EASY.

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All we want is to get to know you!
COME SEE US during the housing fair to
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Two Full Months to be Entered to Win!

Ways To Enter to win the brand new iPad2 with WiFi and 3G:

1. Take a Tour - 1 entry
2. Sign a Lease - 5 entries
3. Become a Fan of our Facebook page - 1 entry
4. Refer a Friend who signs a lease - 4 entries
5. Write a Positive Post on our Facebook page - 3 entries (only once a day)

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- NEW FURNITURE
- NEW APPLIANCES
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